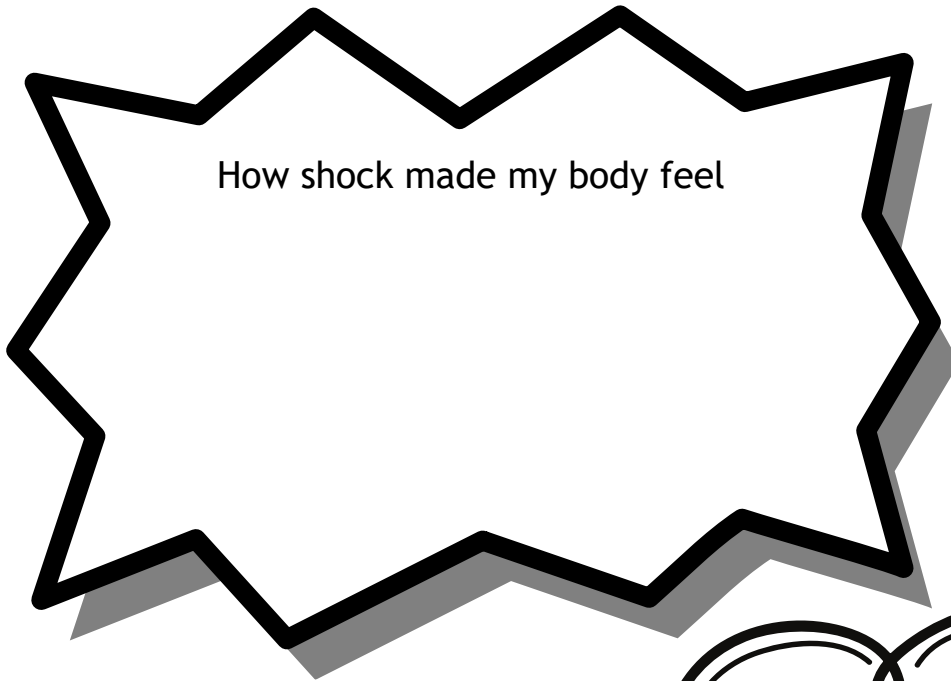


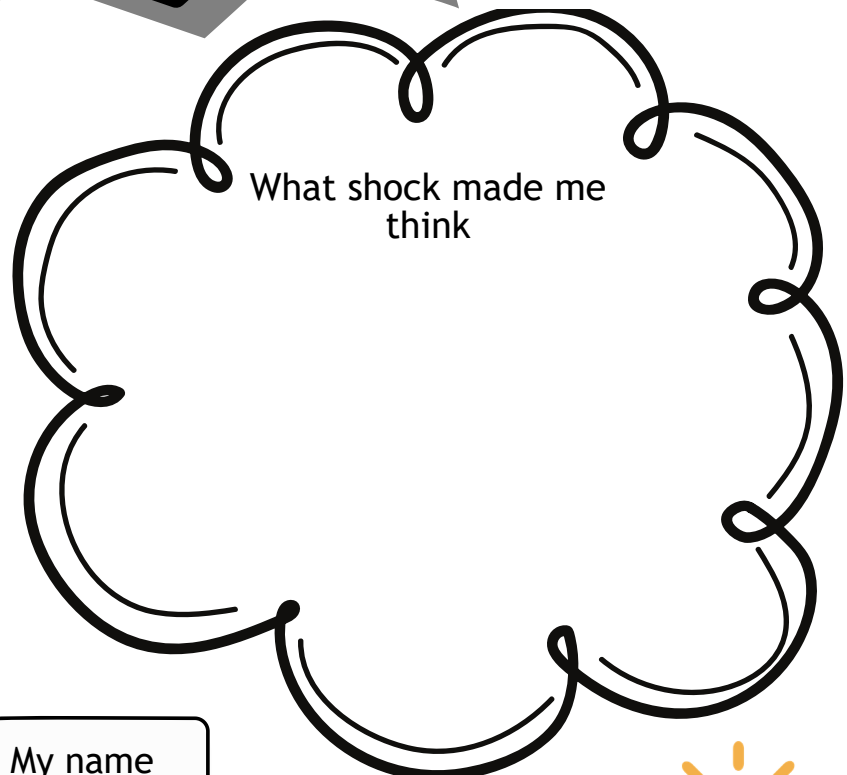


Black hole of shock

When someone important dies, it's very common to feel in a state of shock. It can feel like the world has stopped turning, and we can feel frozen and as if we don't believe what has happened. Remember, grief is different for everyone, so if you didn't feel shocked, that's totally normal too.



How shock made my body feel



What shock made me think

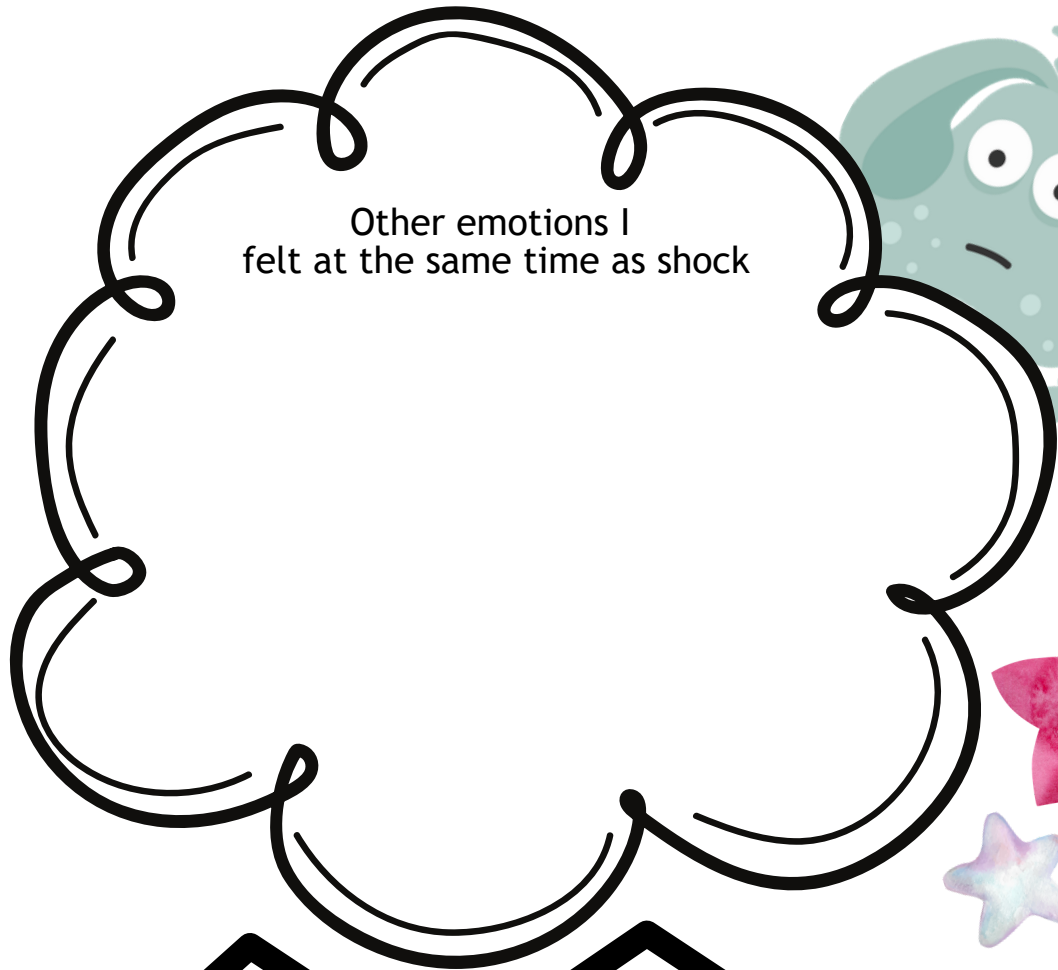


My name is Shock.





Black hole of shock



How the world around me felt

