

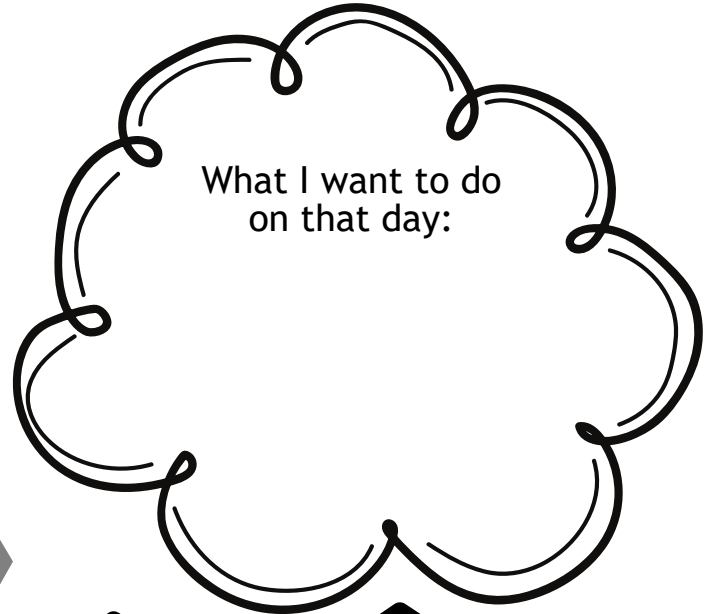


# Milkyway of milestones

Milestones are big days that might happen in your life. These pages can help you prepare for a big day like a birthday, anniversary, or change in your life.

The first

without my



What I want to do on that day:



How I feel about that day:



What I'm most worried about:



Who I can talk to about it:

What I can do to make me feel better:





# Milkyway of milestones

The first anniversary of their death.

How I feel about that day:

What I want to do on that day:

What I'm most worried about:

Who I can talk to about it:

What I can do to make me feel better:





# Milkyway of milestones

How I feel about that day:

What I want to do on that day:



Who I can talk to about it:

What I'm most worried about:

What I can do to make me feel better:

